



**He She Ze**   
  
**and We**



He She Ze and We offers educational support meetings for parents and adult family members of transgender and/or nonbinary loved ones in this area.

# **FREDERICKSBURG MEETING**

## **3rd Fridays • 6:15 - 7:45 p.m.**

**INCLUDES YOUTH HANGOUT**

**If you are interested in participating:**

1. Scan the QR code in the upper right corner and fill out the confidential contact form.
2. Once you submit the form, you will receive an email from HSZ&W to schedule a welcome call.